



SUN Group- Strong United Network

Tween/Teen Group
Ages 10-16

Curriculum:

- Write a group poem- each group member writes a verse. Group writes chorus together. Topic will be chosen by group.
- Use photos, pictures, self-portraits- write a quote or choose a famous quote to go along with the picture.
- Make a mural together,
- Create a collage- using pictures, drawings, quotes, etc.
- Draw, paint, take pictures- frame.
- Write letters to state, etc.- to fight for gay rights- including gay marriage, adoption, etc.
- Celebrate/discuss- National Coming Out Day (October 11, 2006), LGBT Pride Month (June).
- Journal.
- Topic of the Day- topic will be chosen by a group member.
- Discussion topics related to being a child of a LGBT parent(s). Such topics include:
 1. How is your family unique or different?
 2. How do you think youth who have LGBT parents are different than youth with straight parents?
 3. Do you know anyone who has lesbian, gay, bisexual or transgender parents?
 4. What are some of the things you know or have heard about lesbian, gay, bisexual or transgender families or parents?
 5. What do you think is the most important part of being a family?
 6. What are some of the images and associations that come to mind when you hear the word "family"?
 7. Have you ever said, "that's so Gay"? When and why? How do you feel when you hear "that's so gay"?
 8. What do you do when you hear someone using homophobic statements?
 9. How often do you hear homophobic slurs at school? If so, how did you react? How often do students, teachers, or administrators intervene? When they do intervene, what do they do?

10. In what ways do you think youth with lesbian, gay, bisexual, and transgender parents experience isolation and marginalization in school, or in society as a whole?
 11. In what ways are people with LGBT parents “invisible”? To each other? To their friends? To the community? What do you think are some of the challenges that they face?
 12. How are people with LGBT parents working to make change and raise awareness?
 13. What’s a stereotype or slur that has personally affected you? How do you teach others about it and/or work to make change in the community?
- Other activities:
 1. Ask everyone to imagine how the world might be different if a majority of families had LGBT parents.
 2. Lead a discussion on youth, art, media and activism.
 3. Have each person create their family tree; sk them to focus on qualities or people that make their family unique or different.

*All projects and discussions will be at the group’s discretion. Depending on the comfort level of the group members, some topics may be adjusted or changed. The comfort of each group member is of utmost importance.

** Each activity and discussion is designed to improve self-esteem, build friendships and help enhance healthy coping skills and feelings of expression.